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FHCP's 2015 Addendum to Clinical Practice Guidelines for Patients with Substance Use Disorders

This Florida Health Care Plans (FHCP) Guideline Addendum is intended for use with the following two publications:

- The American Psychiatric Association's (APA) *Practice Guideline For The Treatment of Patients With Substance Use Disorders, Second Edition*, published in August 2006 with Copyright 2010. <http://psychiatryonline.org/guidelines.aspx>
- Magellan Health Inc. *Introduction to Magellan's Adopted Clinical Practice Guidelines For The Assessment and Treatment of Patients With Substance Use Disorders*, Copyright 2006-2015. http://www.magellanprovider.com/media/11755/substance_abuse.pdf

FHCP has adopted the APA and Magellan publications for use as its Clinical Practice Guidelines for Substance Abuse. The Substance Use Disorders guidelines, developed and published by the APA and Magellan Behavioral Health, are excellent clinical resources for this topic.

The Healthcare Effectiveness Data and Information Set (HEDIS®), is a widely used set of performance measures, developed and maintained by the National Committee for Quality Assurance (NCQA). NCQA is the agency which evaluates FHCP's national accreditation.

One HEDIS® measure is ***Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET)***. IET measures the initiation and maintenance of treatment for patients with Substance Use Disorders. One of the ways FHCP assesses the care for its members who are diagnosed with an episode of alcohol or drug (AOD) dependence, is through IET.

IET tracks the percentage of members who initiate and follow up with treatment, through an inpatient admission, outpatient visit, intensive outpatient encounter, or partial hospitalization, within these time frames:

- **Initiation of Treatment (14 days):** A patient, after being diagnosed with a substance use disorder, ***has a treatment session within 14 days of diagnosis.***
- **Engagement of Treatment (30 days):** A patient who has been diagnosed ***receives two additional treatment sessions after the initial session within 30 days.***

FHCP's expectations for timeliness of members accessing substance abuse treatment services align with the HEDIS® IET measure. FHCP measures, reviews, and assesses compliance with these parameters annually.