

WELLNESS PROGRAMMING for Employer Groups

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Did you know that Florida Health Care Plans offers corporate wellness solutions at no additional cost? fitFHCP is our customizable, evidence-based program with resources and services that will engage and empower your employees to achieve their best health.

When you choose fitFHCP, our team of certified corporate wellness professionals will work with you every step of the way to build an effective wellness program that will have a lasting, positive impact on your organization!

Exclusive fitFHCP Benefits:

- Work directly with a certified wellness coordinator
- Customized, strategic wellness plans
- Engaging on-site educational programming
- Access to comprehensive health and wellness reporting
- Interactive wellness portal with health assessments and evidence-based activities
- Assistance with benefits education and questions
- On-site vaccination clinics



fitFHCP Success Stories

- Reduced a group's emergency room visits by **40%** with increased benefits education and individual outreach by the wellness coordinator.
- On-site screenings have identified multiple members with undiagnosed hypertension and diabetes, and the Wellness Coordinators helped those members get seen immediately by FHCP doctors and specialists for treatment.
- On average, members of participating groups get preventive care and screenings at higher rates than national levels.

"As the community leader in **wellness**, Florida Health Care Plans (FHCP) strives to build an **inclusive**, empowering workplace **culture** focused on total **well-being** so that employees have the tools and resources necessary to lead **healthier, happier lives**."

Let fitFHCP guide you step-by-step in building a healthier, happier workforce.
Take that first step towards better health today!

To learn more about fitFHCP, please contact:

Catie Rosekelly, Manager
Health Promotion & Wellness
crosekelly@fhcp.com
(386) 676-7100 ext. 7613