Coverage for: Individual and/or Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2021.pdf. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network providers: \$2,550 individual / \$5,100 family. Out-of-network providers: Not Covered	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services not subject to deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network providers: \$4,500 individual / \$9,000 family; Out-of-network providers: Not Covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.fhcp.com/our-provider-network/ or call 1 (877) 615-4022 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
If you visit a health care provider's office	Specialist visit	\$35 <u>Copay</u> . Deductible does not apply.	Not Covered	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	Lab Work: \$25 <u>Copay</u> . Deductible does not apply. X-ray: <u>Deductible</u> + 10% <u>Coinsurance</u>	Not Covered	Prior authorization is required. Tests in hospitals, or facilities owned or operated by hospitals may	
	Imaging (CT/PET scans, MRIs)	<u>Deductible</u> + 10% <u>Coinsurance</u>	Not Covered	have higher cost share.	
If you need drugs to	Generic drugs – preferred / non-preferred	\$3 <u>Copay</u> / \$10 <u>Copay</u> Deductible does not apply.	Not Covered	31 Days per Benefit Period. Available at FHCP	
treat your illness or condition	Preferred brand drugs	\$30 <u>Copay</u> . Deductible does not apply.	Not Covered	and Select In-Network Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for	
More information about prescription drug	Non-preferred brand drugs	\$55 <u>Copay</u> . Deductible does not apply.	Not Covered	cost sharing at Walgreen's pharmacy.	
coverage is available at http://www.fhcp.com/qhp-2021	Specialty drugs – preferred / non-preferred	40% <u>Coinsurance</u> . Deductible does not apply. / 50% <u>Coinsurance</u> . Deductible does not apply.	Not Covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	<u>Deductible</u> + 10% <u>Coinsurance</u>	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.	
surgery	Physician/surgeon fees	<u>Deductible</u> + 10% <u>Coinsurance</u>	Not Covered	Prior approval required. Your benefits/services may be denied.	
If you need immediate	Emergency room care	<u>Deductible</u> + 10% <u>Coinsurance</u>	<u>Deductible</u> + 10%	None	

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.fhcp.com/documents/coc/qhp-ind-2021.pdf</u>

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
medical attention			<u>Coinsurance</u>		
	Emergency medical transportation	<u>Deductible</u> + 10% <u>Coinsurance</u>	<u>Deductible</u> + 10% <u>Coinsurance</u>	None	
	<u>Urgent care</u>	\$75 <u>Copay</u> . Deductible does not apply.	\$75 <u>Copay</u> . Deductible does not apply.	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 <u>Copay</u> per Day (\$750 Maximum, Days 1-3) Deductible does not apply.	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral	Outpatient services	\$35 <u>Copay</u> . Deductible does not apply.	Not Covered	None	
health, or substance abuse services	Inpatient services	\$250 <u>Copay</u> per Day (\$750 Maximum, Days 1-3) Deductible does not apply.	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Office visits	\$35 <u>Copay</u> . Deductible does not apply.	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	Pre-certification/pre-authorization of coverage	
	Childbirth/delivery facility services	\$250 <u>Copay</u> per Day (\$750 Maximum, Days 1-3) Deductible does not apply.	Not Covered	required for non-emergency admissions. Your benefits/services may be denied.	
	Home health care	10% <u>Coinsurance</u> . Deductible does not apply.	Not Covered	20 Days per Benefit Period. Prior authorization is required.	
If you need help	Rehabilitation services	\$35 <u>Copay</u> . Deductible does not apply.	Not Covered	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
recovering or have other special health needs	<u>Habilitation services</u>	\$35 <u>Copay</u> . Deductible does not apply.	Not Covered	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	Skilled nursing care	\$50 <u>Copay</u> per Day. Deductible does not apply.	Not Covered	60 Days per Benefit Period. Prior authorization is required.	
	Durable medical equipment	10% <u>Coinsurance</u> . Deductible	Not Covered	Excludes vehicle modifications, home	

 $^{{}^*} For more information about limitations and exceptions, see the \underline{\textit{plan}} \ or \ policy \ document \ at \ \underline{\textit{www.fhcp.com/documents/coc/qhp-ind-2021.pdf}}$

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		does not apply.		modifications, exercise, and bathroom equipment. Prior authorization is required.	
	Hospice services	10% <u>Coinsurance</u> . Deductible does not apply.	Not Covered	None	
If your shild woods	Children's eye exam	\$10 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one exam/year.	
If your child needs dental or eye care	Children's glasses	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one pair of glasses/year.	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

(Services Your Plan Generally Does NO	Cover (Check your policy or <u>plan</u> document for more info	ormation and a list of any other excluded services.)
		·	

- Abortion with the Exception of Limited Services
- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Dental care (Child)
- Hearing Aids
- Infertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2550
■ Specialist copayment	\$35
■ Hospital (facility) copayment	\$250
Other coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$300	
<u>Copayments</u>	\$900	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,260	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2550
Specialist copayment	\$3!
■ Hospital (facility) copayment	\$250
Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$1,200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,220

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2550
Specialist copayment	\$35
■ Hospital (facility) copayment	\$250
Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$1,800
Copayments	\$300
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,120

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.