



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit: <http://www.fhcp.com/documents/coc/qhp-ind-2021.pdf>. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.ccio.cms.gov](http://www.ccio.cms.gov) or call 1-877-615-4022 to request a copy.

| Important Questions   | Answers   | Why This Matters:   |
|---|---|---|
| What is the overall <a href="#">deductible</a> ?                                | <a href="#">Network providers</a> : \$100 individual / \$200 family.<br><a href="#">Out-of-network providers</a> : Not Covered  | Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .  |
| Are there services covered before you meet your <a href="#">deductible</a> ?    | Yes. <a href="#">Preventive care</a> and services not subject to deductible   | This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .   |
| Are there other <a href="#">deductibles</a> for specific services?              | No.   | You don't have to meet <a href="#">deductibles</a> for specific services.   |
| What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ? | <a href="#">Network providers</a> : \$750 individual / \$1,500 family;<br><a href="#">Out-of-network providers</a> : Not Covered  | The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.   |
| What is not included in the <a href="#">out-of-pocket limit</a> ?               | <a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.  | Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .   |
| Will you pay less if you use a <a href="#">network provider</a> ?               | Yes. See <a href="https://www.fhcp.com/our-provider-network/">https://www.fhcp.com/our-provider-network/</a> or call 1 (877) 615-4022 for a list of <a href="#">network providers</a> . | This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?    | Yes.  | This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> before you see the <a href="#">specialist</a> .  |



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event  | Services You May Need                                       | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information  |
|---|---|--|--|---|
|   |   | Network Provider<br>(You will pay the least)   | Out-of-Network Provider<br>(You will pay the most)           |   |
| If you visit a health care <a href="#">provider's</a> office or clinic  | Primary care visit to treat an injury or illness            | \$20 <a href="#">Copay</a> . Deductible does not apply.  | Not Covered  | Additional cost share may apply for Allergy Shots, Injections and Infusions.  |
|   | <a href="#">Specialist</a> visit                            | \$35 <a href="#">Copay</a> . Deductible does not apply.  | Not Covered  | Additional cost share may apply for Allergy Shots, Injections and Infusions.  |
|   | <a href="#">Preventive care/screening/immunization</a>      | No Charge  | Not Covered  | You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.                                       |
| If you have a test  | <a href="#">Diagnostic test</a> (x-ray, blood work)         | Lab Work: No Charge<br>X-ray: 20% <a href="#">Coinsurance</a><br>Deductible does not apply.                                    | Not Covered  | Prior authorization is required. Tests in hospitals, or facilities owned or operated by hospitals may have higher cost share.   |
|   | Imaging (CT/PET scans, MRIs)                                | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a>   | Not Covered  |   |
| If you need drugs to treat your illness or condition<br>More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.fhcp.com/qhp-2021">http://www.fhcp.com/qhp-2021</a> | Generic drugs – preferred / non-preferred                   | \$3 <a href="#">Copay</a> / \$10 <a href="#">Copay</a><br>Deductible does not apply.   | Not Covered  | 31 Days per Benefit Period. Available at FHCP and Select In-Network Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Walgreen's pharmacy. |
|   | Preferred brand drugs                                       | \$30 <a href="#">Copay</a> . Deductible does not apply.  | Not Covered  |   |
|   | Non-preferred brand drugs                                   | \$55 <a href="#">Copay</a> . Deductible does not apply.  | Not Covered  |   |
|   | <a href="#">Specialty drugs</a> – preferred / non-preferred | 40% <a href="#">Coinsurance</a> . Deductible does not apply. /<br>50% <a href="#">Coinsurance</a> . Deductible does not apply. | Not Covered  | 31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.  |
| If you have outpatient surgery  | Facility fee (e.g., ambulatory surgery center)              | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a>   | Not Covered  | Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.  |
|   | Physician/surgeon fees                                      | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a>   | Not Covered  | Prior approval required. Your benefits/services may be denied.  |
| If you need immediate medical attention   | <a href="#">Emergency room care</a>                         | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a>   | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | None  |
|   | <a href="#">Emergency medical</a>                           | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a>   | <a href="#">Deductible</a> + 20%                             | None  |

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.fhcp.com/documents/coc/qhp-ind-2021.pdf](http://www.fhcp.com/documents/coc/qhp-ind-2021.pdf)

| Common Medical Event  | Services You May Need                     | What You Will Pay  |   | Limitations, Exceptions, & Other Important Information   |
|---|---|--|---|--|
|   |   | Network Provider<br>(You will pay the least)                 | Out-of-Network Provider<br>(You will pay the most)      |  |
|   | <a href="#">transportation</a>            |  | <a href="#">Coinsurance</a>                             |  |
|   | <a href="#">Urgent care</a>               | \$60 <a href="#">Copay</a> . Deductible does not apply.      | \$60 <a href="#">Copay</a> . Deductible does not apply. | None   |
| If you have a hospital stay   | Facility fee (e.g., hospital room)        | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied. |
|   | Physician/surgeon fees                    | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | None   |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                       | \$35 <a href="#">Copay</a> . Deductible does not apply.      | Not Covered   | None   |
|   | Inpatient services                        | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied. |
| If you are pregnant   | Office visits                             | \$35 <a href="#">Copay</a> . Deductible does not apply.      | Not Covered   | Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).                             |
|   | Childbirth/delivery professional services | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied. |
|   | Childbirth/delivery facility services     | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   |  |
| If you need help recovering or have other special health needs            | <a href="#">Home health care</a>          | 20% <a href="#">Coinsurance</a> . Deductible does not apply. | Not Covered   | 20 Days per Benefit Period. Prior authorization is required.   |
|   | <a href="#">Rehabilitation services</a>   | \$35 <a href="#">Copay</a> . Deductible does not apply.      | Not Covered   | 35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.                         |
|   | <a href="#">Habilitation services</a>     | \$35 <a href="#">Copay</a> . Deductible does not apply.      | Not Covered   | 35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.                         |
|   | <a href="#">Skilled nursing care</a>      | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | 60 Days per Benefit Period. Prior authorization is required.   |
|   | <a href="#">Durable medical equipment</a> | 20% <a href="#">Coinsurance</a> . Deductible does not apply. | Not Covered   | Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required.       |
|   | <a href="#">Hospice services</a>          | <a href="#">Deductible</a> + 20% <a href="#">Coinsurance</a> | Not Covered   | None   |

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| Common Medical Event                   | Services You May Need      | What You Will Pay                                       |  | Limitations, Exceptions, & Other Important Information |
|--|----------------------------|---|--|--|
|  |                            | Network Provider<br>(You will pay the least)            | Out-of-Network Provider<br>(You will pay the most) |  |
| If your child needs dental or eye care | Children's eye exam        | \$10 <a href="#">Copay</a> . Deductible does not apply. | Not Covered  | Coverage limited to one exam/year.                     |
|  | Children's glasses         | \$25 <a href="#">Copay</a> . Deductible does not apply. | Not Covered  | Coverage limited to one pair of glasses/year.          |
|  | Children's dental check-up | Not Covered   | Not Covered  | None   |

**Excluded Services & Other Covered Services:**

| Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)                  |  |   |
|--|--|---|
| <ul style="list-style-type: none"> <li>• Abortion with the Exception of Limited Services</li> <li>• Acupuncture</li> <li>• Bariatric surgery</li> <li>• Cosmetic surgery</li> <li>• Dental care (Adult)</li> </ul> | <ul style="list-style-type: none"> <li>• Dental care (Child)</li> <li>• Hearing Aids</li> <li>• Infertility treatment</li> <li>• Long-term care</li> </ul> | <ul style="list-style-type: none"> <li>• Non-emergency care when traveling outside the U.S.</li> <li>• Private-duty nursing</li> <li>• Routine eye care (Adult)</li> <li>• Routine foot care</li> </ul> |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.) |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Chiropractic care</li> </ul>  | <ul style="list-style-type: none"> <li>• Weight loss programs</li> </ul> |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa> or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa>.

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

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### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-615-4022

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$100
- [Specialist copayment](#) \$35
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,700</b> |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i>               |              |
|-----------------------------------|--------------|
| <a href="#">Deductibles</a>       | \$100        |
| <a href="#">Copayments</a>        | \$40         |
| <a href="#">Coinsurance</a>       | \$600        |
| <i>What isn't covered</i>         |              |
| Limits or exclusions              | \$60         |
| <b>The total Peg would pay is</b> | <b>\$800</b> |

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$100
- [Specialist copayment](#) \$35
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$5,600</b> |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i>               |              |
|-----------------------------------|--------------|
| <a href="#">Deductibles</a>       | \$0          |
| <a href="#">Copayments</a>        | \$800        |
| <a href="#">Coinsurance</a>       | \$0          |
| <i>What isn't covered</i>         |              |
| Limits or exclusions              | \$20         |
| <b>The total Joe would pay is</b> | <b>\$770</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$100
- [Specialist copayment](#) \$35
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$2,800</b> |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i>               |              |
|-----------------------------------|--------------|
| <a href="#">Deductibles</a>       | \$100        |
| <a href="#">Copayments</a>        | \$300        |
| <a href="#">Coinsurance</a>       | \$400        |
| <i>What isn't covered</i>         |              |
| Limits or exclusions              | \$0          |
| <b>The total Mia would pay is</b> | <b>\$750</b> |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.