

**Gym Access IND Catastrophic Essential Plus POS 37  
Health Benefit Plan X37**



Amount Member Pays  
In-Network      Out-of-Network

**Schedule of Benefits for Covered Services**

<b>Financial Features</b>		
<b>Medical Essential Health Benefits Deductible (DED<sup>1</sup>) (PBP<sup>2</sup>)</b> (DED is the amount the member is responsible for before FHCP pays)	\$8,150 per person \$16,300 per family	\$13,500 per person \$27,000 per family
<b>Drug Essential Health Benefits Deductible (DED<sup>1</sup>) (PBP<sup>2</sup>)</b> (DED is the amount the member is responsible for before FHCP pays)	Integrated with Medical	Not Covered
<b>Coinsurance</b> (Coinsurance is the percentage the member pays for services)	N/A	N/A
<b>Essential Health Benefits Out-of-Pocket Maximum (PBP)</b> (Out-of-Pocket Maximum includes DED, Coinsurance, Copayments and Pharmacy)	\$8,150 per person \$16,300 per family	\$13,500 per person \$27,000 per family
<b>Office Services</b>		
<b>Physician Office Services (per visit)</b> Primary Care Office  Specialist	No Charge PCP Visits 1-3 then Deductible Deductible	Deductible  Deductible
<b>Maternity (Office Cost Share for initial visit only. Delivery charges are separate)</b> Primary Care Physician Specialist	Deductible Deductible	Deductible Deductible
<b>Allergy Injections (per visit)</b> Primary Care Physician Specialist	Deductible Deductible	Deductible Deductible
<b>Medical Pharmacy:</b> Medications administered by a health care provider in an office or outpatient setting. Includes chemotherapy, infusions, therapeutic injections and other medications ordered and administered by a provider. Prior authorization is required. Preferred Medications Non-Preferred Medications	Deductible Deductible	Deductible Deductible
Important: The Cost Share for Medical Pharmacy Services applies to the Prescription Drug only and is in addition to the Office Services and/or Outpatient Facility Cost Share. Medical Pharmacy does not include immunizations, allergy injections or Services covered through the pharmacy program. Please refer to your Certificate of Coverage for a description of Medical Pharmacy.		
<b>Preventive Care</b>		
<b>Routine Adult &amp; Child Preventive Services, Wellness Services, Blood Work and Immunizations</b>	\$0	Deductible
<b>Mammogram Screening</b>	\$0	Deductible
<b>Bone Density Screening</b>	\$0	Deductible
<b>Colonoscopy (Routine for age 50+ then frequency schedule applies)</b>	\$0	Deductible
<b>Emergency Medical Care</b>		
<b>Urgent Care Centers (per visit)</b>	Deductible	In-Network Deductible
<b>Hospital Emergency Room or Stand-Alone Emergency Facility Services (per visit)</b>	Deductible	In-Network Deductible
<b>Ambulance Services</b>	Deductible	In-Network Deductible

<sup>1</sup> DED = Deductible

<sup>2</sup> PBP = Per Benefit Period

**Note: Out-of-Network services may be subject to balance billing.**

Florida Health Care Plans is an Independent Licensee of the Blue Cross and Blue Shield Association.

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Health Care  
Plans**



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<b>Outpatient Diagnostic Services - services with an asterisk * require prior authorization</b>		
<b>Independent Diagnostic Testing Facility/Provider's Office</b> Allergy Testing X-rays and Ultrasounds Diagnostic Services (except AIS) *Advanced Imaging Services (AIS) (MRI, MRA, PET, CT, Nuclear Med.)	Deductible Deductible Deductible Deductible	Deductible Deductible Deductible Deductible
<b>Independent Clinical Lab</b> (diagnostic testing of blood and specimens)	Deductible	Deductible
<b>Outpatient Hospital Facility Services</b> (per visit) X-rays and Ultrasounds Diagnostic Services (except AIS) *Advanced Imaging Services (AIS) (MRI, MRA, PET, CT, Nuclear Med.)	Deductible Deductible Deductible	Deductible Deductible Deductible
<b>Important:</b> Diagnostic or therapeutic services rendered in physician offices, testing centers or other outpatient locations that are owned and operated by a hospital system are considered by the hospital system to be departments of the hospital. As a result, FHCP will be billed by the hospital for such services, and the member's outpatient hospital benefit will be applied to these claims. FHCP's Provider Directories and online Provider Search application provides information regarding which provider offices are actually hospital outpatient departments. Members should contact FHCP's cost estimation center to determine if having the diagnostic test or service performed in a hospital or hospital owned facility will result in higher cost sharing.		
<b>Delivery / Hospital / Surgical - *all services require prior authorization</b>		
<b>*Ambulatory Surgical Center Facility (ASC)</b>	Deductible	Deductible
<b>*Birthing Center</b>	Deductible	Deductible
<b>*Outpatient Hospital Facility Services</b> (surgical) (per visit)	Deductible	Deductible
<b>*Inpatient Hospital Facility</b> (per admit)	Deductible	Deductible
<b>Mental Health / Substance Dependency - services with an asterisk * require prior authorization</b>		
<b>*Inpatient Hospitalization Facility Services</b> (per admit)	Deductible	Deductible
<b>Outpatient Facility Service</b> (per visit)	Deductible	Deductible
<b>*Partial Hospitalization</b> (per admit)	Deductible	Deductible
<b>*Residential/Rehabilitation Facility</b> (per day)	Deductible	Deductible
<b>Hospital Emergency Room or Stand-Alone Emergency Facility Services</b> (per visit)	Deductible	In-Network Deductible
<b>Provider Services at Hospital/Crisis Unit</b> Primary Care Physician / Specialist	Deductible	Deductible
<b>Provider Services at Locations other than Office, Hospital and ER</b> Primary Care Physician / Specialist	Deductible	Deductible
<b>Outpatient Office Visit</b> Primary Care Physician Specialist	Deductible Deductible	Deductible Deductible
<b>Other Provider Services</b>		
<b>Provider Services at ER</b>	Deductible	In-Network Deductible
<b>Provider Services at Hospital</b> Inpatient Outpatient	Deductible Deductible	Deductible Deductible
<b>Provider Services at an Ambulatory Surgical Center (ASC)</b>	Deductible	Deductible

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<b>Other Special Services - services with an asterisk * require prior authorization</b>		
<b>Combined Limit for Outpatient Occupational, Physical and Speech Therapy</b> (per visit)	Deductible	Deductible
<b>Combined Limit for Outpatient Cardiac and Pulmonary Rehabilitation Therapy</b> (per visit)	Deductible	Deductible
<b>Chiropractic Care</b> (per visit)	Deductible	Deductible
<b>*Durable Medical Equipment</b>	Deductible	Deductible
<b>*Prosthetics and Medical Brace Device</b>	Deductible	Deductible
<b>*Home Health Care</b> (per visit)	Deductible	Deductible
<b>*Skilled Nursing Facility</b> (per day)	Deductible	Deductible
<b>*Hospice</b>	Deductible	Deductible
<b>Hearing Exam</b> (Audiologist/Specialist)	Deductible	Deductible
<b>*Radiation</b> (per visit)	Deductible	Deductible
<b>Telehealth Services</b> (PCP/Specialist)	Deductible	Deductible
<b>Diabetes Care Management</b>		
<b>Diabetes Outpatient Self-Management Education</b>	\$0	Not Covered
<b>Glucometer</b> (2 per year)	\$0	Not Covered
<b>Annual Complete Diabetic Eye Exam</b> (Optometrist/Ophthalmologist)	Deductible	Deductible
<b>50 Test Strips</b> (per box)	\$10 Copay	Not Covered
<b>Lancets</b> (per box)	\$4 Copay	Not Covered

**\*Prior Authorization is Required:** There are certain medical services for which members are required to obtain Prior Authorization before receiving that service. If you don't obtain prior authorization from FHCP, you will have to pay the entire cost of the service. Before a specialty or testing appointment you should visit [www.fhcp.com](http://www.fhcp.com) or call toll-free 1-877-615-4022 to see if prior authorization is required.

**Schedule of Benefits for Covered Services**

Amount Member Pays

<b>Prescription Drug Program</b>			
<b>Network Provider Services:</b> A Network Provider pharmacy must be used when a member needs to have a prescription filled or the member will have to pay the full cost of the drug (except in certain situations such as emergencies). Members should log into their member account at <a href="http://www.fhcp.com">www.fhcp.com</a> and click <b>Find a Provider/Facility</b> to locate a Network Provider pharmacy. Mail Order is only available through FHCP Pharmacy.			
	<b>Network Pharmacy</b> (1 month supply)		<b>Mail Order</b> (3 month supply)
	<b>FHCP</b>	<b>Walgreens</b>	<b>FHCP Only</b>
<b>Generic Drugs</b>			
Preventive (e.g., oral contraceptives)	\$0	Not Covered	\$0
Preferred Generic	Deductible	Deductible	Deductible
Non Preferred Generic	Deductible	Deductible	Deductible
<b>Preferred Brand Drugs</b>	Deductible	Deductible	Deductible
<b>Non-Preferred Brand Drugs</b>	Deductible	Deductible	Deductible
<b>Specialty Drugs</b> (Prior authorization is required)			
Preferred Specialty	Deductible	Not Covered	Not Covered
Non Preferred Specialty	Deductible	Not Covered	Not Covered
If a Brand Name Prescription Drug is requested when there is a Generic Prescription Drug available, the member will be responsible for paying the Usual and Customary cash price for that prescription.			
FHCP Pharmacy benefit provides coverage for Generic contraceptive medications or devices (e.g., oral contraceptives, emergency contraceptive, and diaphragms) at no cost when obtained from a pharmacy owned and operated by FHCP. FHCP's Pharmacy Benefit also covers certain preventive medications at no cost in accordance with the United States Preventative Task Force (USPSTF) Affordable Care Act A and B recommendations as long as all criteria are met and the medication is obtained from a FHCP owned and operated pharmacy.			

Schedule of Benefits for Covered Services

Amount Member Pays  
Network Provider      Out-of-Network Provider

Pediatric Vision		
<b>Network Provider Services:</b> The services listed below must be received from a Network Provider or the member will have to pay the full cost of the service (except in certain situations such as emergencies). Members should log onto <a href="http://www.fhcp.com">www.fhcp.com</a> and click <b>Find a Provider/Facility</b> to locate a Network Provider near them.		
<b>Eyeglass Exam</b> (1x per year)	Deductible	Not Covered
<b>Eyeglasses</b> (includes frames & lenses- single vision, bifocal, trifocal or lenticular)	Deductible	Not Covered
<b>Contact Lenses Exam</b> (1x per year) <i>(Instead of eyeglass exam)</i>	Deductible	Not Covered
<b>Contact Lenses</b> (2 boxes, 1x per year) <i>(Instead of eyeglasses)</i>	Deductible	Not Covered
<b>Eye Infection, Visual Disturbances, etc.</b> (per exam)	Deductible	Not Covered
<b>Note:</b> Anything over the allowance will not count toward your out-of-pocket maximum limitation.		
Pediatric Dental		
<b>Preventive, basic and major</b>	Not Covered	

Wellness Certificate	
<b>Fitness Center Access</b>	Covered

Benefit Maximums – Combined Limit In-Network and Out-of-Network	
<b>Home Health Care</b>	20 Visits PBP
<b>OT, PT, ST Outpatient Rehabilitation Therapy</b>	35 Visits PBP
<b>OT, PT, ST Outpatient Habilitation Therapy</b>	35 Visits PBP
<b>Cardiac and Pulmonary Therapy</b>	35 Visits PBP
<b>Chiropractic Care</b>	26 Visits PBP
<b>Skilled Nursing/Rehabilitation Facility</b>	60 Days PBP
<b>Behavioral Health Residential Facility</b>	60 Days PBP

**Additional Benefits and Features**

- To find out more about their benefits and/or treatment options, members are encouraged to call the Member Services Department at 1-877-615-4022. This can help them save time and money.
- Members have online access to view their health benefit plan information as well as self-service tools through the Member Portal at [www.fhcp.com](http://www.fhcp.com).

**This is not an insurance contract or Benefit Booklet.** This Benefit Schedule is only a partial description of the many benefits and services provided or authorized by Florida Health Care Plans. This does not constitute a contract. For a complete description of benefits and exclusions, please see the Florida Health Care Plans Certificate of Coverage; its terms prevail.