

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2023.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<u>Network providers</u> : \$3,800 individual / \$7,600 family. <u>Out-of-network providers</u> : \$6,000 individual / \$12,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services not subject to deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	<u>Network providers</u> : \$7,250 individual / \$14,500 family; <u>Out-of-network providers</u> : \$8,000 individual / \$16,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>https://www.fhcp.com/our-provider-network/</u> or call 1 (877) 615-4022 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$40 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
If you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	\$80 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
or clinic	Preventive care/screening/ immunization	No Charge	Deductible + 40% Coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Work: \$15 <u>Copay</u> . Deductible does not apply. X-ray: \$35 <u>Copay</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	Prior authorization is required. Tests in hospitals, or facilities owned or operated by hospitals may have higher cost share.	
	Imaging (CT/PET scans, MRIs)	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	hospitals may have higher cost share.	
If you need drugs to treat your illness or	Generic drugs – preferred / non-preferred	\$3 <u>Copay</u> / \$15 <u>Copay</u> Deductible does not apply.	Not Covered	31 Days per Benefit Period. Available at FHCP and Walgreen's Pharmacies Only. Up to 93 day	
condition More information about	Preferred brand drugs	Deductible + \$50 Copay	Not Covered	Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at	
prescription drug coverage is available at	Non-preferred brand drugs	Deductible + \$100 Copay	Not Covered	Walgreen's pharmacy.	
https://fm.formularynavigat or.com/FBO/126/2023_QH P_Formulary.pdf	Specialty drugs – preferred / non-preferred	<u>Deductible</u> + 40% <u>Coinsurance</u> / <u>Deductible</u> + 50% <u>Coinsurance</u>	Not Covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Deductible + 40% Coinsurance	<u>Deductible</u> + 40% <u>Coinsurance</u>	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.	
surgery	Physician/surgeon fees	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	Prior approval required. Your benefits/services may be denied.	
If you need immediate medical attention	Emergency room care	Deductible + \$600 Copay	In-Network <u>Deductible</u> + \$600 <u>Copay</u>	None	
	Emergency medical transportation	Deductible + 40% Coinsurance	In-Network <u>Deductible</u> + 40% <u>Coinsurance</u>	None	

*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.fhcp.com/documents/coc/qhp-ind-2023.pdf</u>

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Urgent care	\$100 <u>Copay</u> . Deductible does not apply.	\$100 <u>Copay</u> . Deductible does not apply.	None	
If you have a hospital	Facility fee (e.g., hospital room)	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
stay	Physician/surgeon fees	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	None	
lf you need mental health, behavioral	Outpatient services	\$80 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	None	
health, or substance abuse services	Inpatient services	Deductible + 40% Coinsurance	<u>Deductible</u> + 40% <u>Coinsurance</u>	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Office visits	\$80 <u>Copay</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage	
	Childbirth/delivery facility services	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	required for non-emergency admissions. Your benefits/services may be denied.	
	Home health care	No Charge	Deductible + 40% Coinsurance	20 Days per Benefit Period. Prior authorization is required.	
lf	Rehabilitation services	\$40 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
If you need help recovering or have other special health needs	Habilitation services	\$40 <u>Copay</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	Skilled nursing care	Deductible + 40% Coinsurance	Deductible + 40% Coinsurance	60 Days per Benefit Period. Prior authorization is required.	
	Durable medical equipment	No Charge Except: Motorized Wheelchair \$500 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required.	

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Hospice services	No Charge	<u>Deductible</u> + 40% <u>Coinsurance</u>	None
If your child peeds	Children's eye exam	\$10 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one exam/year.
If your child needs dental or eye care	Children's glasses	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one pair of glasses/year.
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)			
Abortion with the Exception of Limited Services	Dental care (Child)	 Non-emergency care when traveling outside the 	
Acupuncture	Hearing Aids	U.S.	
Bariatric surgery	 Infertility treatment 	 Private-duty nursing 	
Cosmetic surgery	Long-term care	 Routine eye care (Adult) 	
Dental care (Adult)		Routine foot care	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Chiropractic care	 Weight loss programs 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$3800
Specialist copayment	\$80
Hospital (facility) <u>coinsurance</u>	40%
Other <u>copayment</u>	\$35

This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$3,800	
<u>Copayments</u>	\$400	
Coinsurance	\$1,900	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,160	

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$3800
Specialist copayment	\$80
Hospital (facility) <u>coinsurance</u>	40%
Other <u>coinsurance</u>	40%
This EXAMPLE event includes service	es like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example. Les would neve	

in this example, Joe would pay.		
Cost Sharing		
Deductibles	\$3,100	
<u>Copayments</u>	\$1,000	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$4,120	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$3800
Specialist copayment	\$80
Hospital (facility) <u>coinsurance</u>	40%
Other <u>copayment</u>	\$600

This EXAMPLE event includes services like: Emergency room care (including medical

supplies) <u>Diagnostic test</u> (*x-ray*) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,700
Copayments	\$500
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,200

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.