

WHERE TO GO

WHEN YOU NEED MEDICAL ATTENTION

Your Primary Care Physician (PCP) office is your Medical Home and is the first place to call with any health care needs and questions. Your physician has your history and is often able to help you.

PRIMARY CARE PHYSICIAN



Reasons to see your Primary Care Physician include:

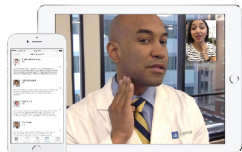
- Chronic Conditions like:*
- Hypertension/High Blood Pressure
 - Diabetes/High Blood Sugar
 - High Lipids/Cholesterol
 - Heart Disease
 - Arthritis
 - Depression

- Acute Conditions like:*
- Headache and/or fever
 - Urinary tract infection
 - Minor injuries
 - Low back pain

- Coordination of Care*
- After Hospital, Skilled Nursing Home or Home Health Discharge
 - After ER Evaluation

- Benefits of visiting PCP*
- Low copay for most plans
 - Medical history is available
 - Established relationship with your physician and clinical staff

DOCTOR ON DEMAND



Reasons to use a video visit with a physician include:

- Cough, cold or flu
- Minor strains & sprains
- Bronchitis & sinus infection
- Skin & eye issues
- Upset stomach
- Urinary tract/bladder infections
- Rashes
- Pediatric issues
- Psychological issues
- Visit with a licensed therapist

Benefits of using Doctor On Demand:

- Low copay and 24/7 hours
- Board certified physicians
- Licensed psychologists
- Use smartphone or tablet
- Available throughout U.S.
- Use when PCP/EHCC are unavailable to you

Download the app from the App Store on your smartphone or tablet today!

EXTENDED HOURS CARE CENTER



Reasons to visit an Extended Hours Center include:

- Acute minor trauma
- Cough, cold or flu
- Strains & sprains
- Minor allergic reactions
- Immunizations
- Low back pain
- Placement of stitches for a cut/laceration
- Removal of stitches
- Urinary tract/bladder infections

Benefits of visiting an Extended Hours Care Center:

- Multiple locations in Brevard County with physicians and advanced practitioners
- WorkForce Wellness rider is accepted
- Same-day appointments
- Shorter wait time
- Significant savings over ER

If your local FHCP Extended Hours Care Center is closed, please consider visiting the nearest FHCP participating Urgent Care Center.

EMERGENCY ROOM



Reasons to visit the Emergency Room include:

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning



EXTENDED HOURS CARE CENTERS

BREVARD COUNTY

SOME REASONS TO VISIT EXTENDED HOURS CARE CENTER



vs.



SOME REASONS TO VISIT THE EMERGENCY DEPARTMENT

- Acute minor trauma
- Cough, cold or flu
- Strains & sprains
- Minor allergic reactions
- Immunizations
- Low back pain
- Placement of stitches for a cut/laceration
- Removal of stitches
- Urinary tract/bladder infections

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning

VISITING AN EXTENDED HOURS CARE CENTER OVER THE EMERGENCY ROOM CAN SAVE YOU TIME & MONEY!

MedFast Urgent Care - Cocoa Beach

275 W. Cocoa Beach Cswy.
Cocoa Beach, FL 32931
321-799-7777
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Melbourne

7925 N. Wickham Rd., Ste. A
Melbourne, FL 32940
321-751-7222
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Melbourne

206 E. New Haven Ave.
Melbourne, FL 32901
321-802-3311
Open 7 days a week/ 8 a.m. - 7 p.m.

Restore Health Urgent Care - Palm Bay

1840 Eldron Blvd., SE, Ste. 1
Palm Bay, FL 32909
321-312-4580
Mon.-Fri.: 8 a.m. to 8 p.m.
Sat. & Sun.: 8 a.m. to 5 p.m.

MedFast Urgent Care - Palm Bay

490 Centre Lake Dr., NE, Ste. 200
Palm Bay, FL 32907
321-821-4950
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Port St. John

5005 Port St. John Pkwy.
Port St. John, FL 32927
321-633-8620
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Rockledge

1400 Rockledge Blvd.
Rockledge, FL 32955
321-735-8960
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Titusville

3045 Columbia Blvd A108
Titusville, FL 32780
321-268-6822
Open 7 days a week/ 8 a.m. - 7 p.m.

MedFast Urgent Care - Titusville

1840 S. Washington Ave.
Titusville, FL 32780
321-268-6822
Open 7 days a week/ 8 a.m. - 7 p.m.

Avoid unnecessary, costly Emergency Room visits, and save time by using an Extended Hours Care Center (EHCC). EHCC locations offer same-day appointments and are conveniently located throughout the community

For additional questions, please contact Member Services

Commercial Members: 386-615-4022 or 1-877-615-4022 (TTY: 1-800-955-8770). 8:00 a.m.-8:00 p.m. local time, Monday- Friday.

Medicare members: 1-833-866-6559 (TTY: 1-800-955-8770), 8:00 a.m.- 8:00 p.m. local time, 7 days a week from October 1- March 31, except for Thanksgiving and Christmas. From April 1 – September 30, our hours are 8:00 a.m.- 8:00 p.m. local time, Monday- Friday.

For a complete list of Urgent Care centers, please visit:

Commercial Members:

www.fhcp.com/providersearch

Medicare members:

www.fhcpmedicare.com/providersearch



Florida
Health Care
Plans



HMO coverage is offered by Florida Blue Medicare, Inc., DBA FHCP Medicare, an Independent Licensee of the Blue Cross and Blue Shield Association. FHCP Medicare is administered by Florida Health Care Plan, Inc.

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WE SEE HEALTH CARE FROM A DIFFERENT POINT OF VIEW - YOURS!

386-676-7110 | wellness@fhcp.com