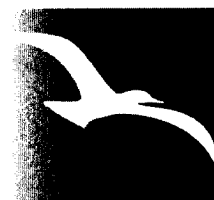




**Florida  
Health Care  
Plans**



An Independent Licensee of the Blue Cross and Blue Shield Association

## MEMBER EDUCATION REFERRALS

Beginning May 5, 2009,  
please call

**386-676-7133 or 1-877-229-4518**

**Monday through Friday from 8a.m. to 4:00 p.m.**  
(the hearing impaired may call TTY 386-615-4045)

**or fax referral to 386-615-4065**

**to schedule the following Member Education:**

- **10 Hour Diabetes Self Management Education**
- **Pre-Diabetes Course**
- **Healthy Heart Eating Course**
- **Nutrition Game Plan for Diabetes**
- **Special diet or nutrition counseling or meal planning (e.g., tube feeding, renal diet before dialysis, lowering lipids or any other nutrition related diagnosis)**

