



## Reminder!

*Provider Surveys are being mailed again. If you have already sent yours in please disregard.*

*These surveys will be due on July 17, 2009*

*We need your input!*

*Please return your survey! Thank You*

## *Welcome to all New Providers!*

Jaideep Hoskote, M.D., East Coast Nephrology Assoc.-OB [Medicare members only](#)  
J. Peter Singh, M.D., East Coast Nephrology Assoc.-OB [Medicare members only](#)  
Jill Kerr, D.O., Family Medicine, Ocean Shore Family Medical Ctr.-Flagler Beach  
Edward Milcarsky, M.D. Part-Time Faculty Attending at Halifax Health Center for Family and Sports Medicine-Daytona Beach  
Lynn Van Ummersen, M.D., Advanced Hematology/Oncology Centers-OC  
Erika M. Faile, M.D., Family Medicine, FHCP-Ormond Beach  
Lindzee E. Folgate, PA-C, Pediatric Neurosurgery, Childhood Neurosurgery-Orlando  
Susan M. Lynch, PA-C, Pediatric Neurosurgery, Childhood Neurosurgery-Orlando  
Matt Nirschl, D.C., Chiropractic, Matt Nirschl, D.C., LLC-Ormond Beach  
Bennett Scaglia, M.D., Urology/Halifax Urology Center-Daytona Beach  
Mark Swierzewski, M.D., Urology/Atlantic Urological Associates-Daytona Beach  
Michael J. Walters, M.D., General Surgery/SE Volusia Medical Services, NSB



**To Dr. Samer Bedi for being  
“Teacher of the Year” at Halifax Health Center  
for Family and Sports Medicine**

## **Attention all Providers: Breaking News Re: Rabies Shots**



FYI - The ACIP approved the recommendation today to reduce the rabies PEP schedule from 5 doses to 4 doses (given on days 0, 3, 7, and 14, and elimination of 5th dose on day 28). This applies to all rabies PEP, not just in times when rabies vaccine supplies are "less than ideal". More details regarding the rationale are available in the ACIP meeting minutes from the Feb 2009 meeting, see pages 38-45. Many thanks to Dr. Katie Brown from MA who represented NASPHV on the CDC working group on this issue. I will forward additional details when I get them regarding how this will be implemented etc. Control and click below to follow link for whole story.

[http://news.yahoo.com/s/ap/2009062462/ap\\_on\\_he\\_me/us\\_med\\_rabies\\_shots](http://news.yahoo.com/s/ap/2009062462/ap_on_he_me/us_med_rabies_shots)





## *EHR - Half way there!*

Can you believe that this week, 25 of FHCP's 50's Providers will be live on the Electronic Health Record? And 4 Providers have been live on the EHR for one year? The one year anniversary users of the EHR include Drs. Supinski, Sahgal, Miceli and Jones! And last month Cardiology went live on the EHR including Dr. David Williams, Dr. Maria Lopez, Jimmy Wyatt, PA, Rick Miller, ARNP, and their Clinical, Front Desk & Billing Staff.

To date, thanks to the Herculean efforts of Medical Records, about 35,000 charts have been scanned, filed electronically and the paper charts destroyed. Planning is in process for how to make the best use of the newly available space! Do we turn that space into revenue producing space by adding another physician to meet our members' needs? Do we impact staff productivity by smart space reuse? Stay tuned for more insight into these questions.

But here's some additional news.... The Nurse Clinics, Infusion Nurses and Diabetic Educators at the Practice locations live on EHR are all documenting in the EHR too! The FHCP Hospitalists view the EHR at Halifax to provide timely, up to date care. All Providers live on EHR can get the electronic health record at any time and any place they have a secure internet connection to facilitate care of our members. The adoption and utilization of the EHR has been a tremendous change for the Providers, Clinicians and their Support Staff and we thank each of you for your support and patience with the implementation.

## *Treating Pre-Diabetes*

There are now 24 million people with Diabetes in the United States and each year there are a million new cases. Diabetes increased 70% among people age 30-39 in approximately the last decade. Greater than 60 million people have pre-diabetes. Patients with pre-diabetes or impaired glucose tolerance are at 1.5 greater risk for heart disease. According to the National Institutes of Health's Diabetes Prevention Program (DPP) clinical trials and other trials, **Type 2 Diabetes can be delayed or prevented.**

Diagnosis for pre-diabetes is fasting blood glucose of 100-125 mg/dL or impaired glucose tolerance test (2 hour oral glucose tolerance test) of 140-199 mg/dL. Pre-diabetes risk factors include increasing age, overweight, hypertension, abnormal lipid levels, family history of Diabetes, ethnicity other than Caucasian, history of gestational diabetes, inactive lifestyle, and obesity.

Diabetes prevention depends on the ability to reserve/improve beta cell function in the susceptible patient. Modest changes in lifestyle, such as weight loss of 5-7% of initial body weight and regular physical activity of 150 minutes a week will result in delay or prevention. Lifestyle modifications can reduce the risk of developing Diabetes by 58% and will decrease insulin resistance.

There are over **600 members at FHCP** who were diagnosed with Pre-diabetes in the past year. There are others who have not yet been diagnosed. Let the Health Education department work with your Pre-diabetes patients to prevent diabetes. Please refer your patients to us for education on lifestyle changes.

Thank you in advance for supporting the goal to prevent Diabetes in our high-risk patient population. **Our new phone number for scheduling is 386-676-7133.**

If you or your offices have an email address change please notify [ebruner@fhcp.com](mailto:ebruner@fhcp.com) of your new email address, to insure your uninterrupted service of the Provider Newsletter.

FHCP Ophthalmology Department has moved to our DB Facility located at 350 N. Clyde Morris Blvd., Suite 210 Daytona Beach.



Wear a smile and have friends, wear a scowl and have wrinkles.  
-George Eliot

## Dental Corner



### Go Green!



**Save Energy,  
Save Money  
Recycle,  
Reduce, and  
Reuse  
Green tips for  
work and at  
home:**

**BUYING ONE LITER OF  
WATER USES FIVE  
LITERS TO PRODUCE**

When you buy one liter of water at the store, you're actually buying about six liters of water. That's because when companies make plastic bottles, it takes five liters of water to cool the plastic.

To save the resources used in creating all those bottles, get a water filter and a reusable aluminum or plastic bottle and refill your own.

One thing to consider if you buy a plastic bottle is its grade. Look on the bottom of the bottle for a small plastic triangle with a number in the middle. If you see a number 2, 4 or 5, the bottle is safe. If it has some other number, don't use it as a water bottle.

*Those other plastics can make your water taste like plastic and leach harmful chemicals into your body.*

**When was the last time your patient saw a dentist?  
And why is it important to your patients and your practice?**

Some important growing evidences:

Patients with Periodontal disease (disease of the gums) are:

- Almost twice as likely to suffer from coronary artery disease.
- 4 times as likely to suffer from a stroke.
- Relationship between serious gum disease and diabetes is two-way. Not only are people with diabetes more susceptible to serious gum disease, but serious gum disease may have the potential to affect blood glucose control and contribute to the progression of diabetes.
- Evidence may link periodontal disease in pregnant women to be a sevenfold increase in preterm babies.
- Oral tumors 4x and pre-cancerous lesion 2x more prevalent in people with periodontal disease.
- People that have never smoked but with periodontal disease had a two-fold increase in risk of pancreatic cancer.

**So remember to: Floss, Floss and Floss.**



**Refer your patients with the above medical conditions to a dentist.  
Advise your patients to have a dentist as a part of their total health care team.**

Florida Health Care Dental Offices:

Scott Grande, D.M.D  
Michael Tidwell, D.M.D  
350 N. Clyde Morris Blvd.  
Daytona Beach, FL 32114

Ph: 386-238-3280  
Fx 386-238-3279

Vamsi Kallepalli, D.M.D  
2777 Enterprise Road  
Orange City, FL 32763

Ph: 386-481-6886  
Fx: 386-774-6638

### ***Notice to all Providers: Referrals has Moved***

The FHCP Central Referrals Department has moved to the Holly Hill Facility.  
If you are sending via courier please send to the new Holly Hill address:

Florida Health Care Plans-HH  
Central Referrals Dept.  
1340 Ridgewood Avenue  
Holly Hill, FL 32117  
Phone 238-3230 or Fax to 238-3253



# New ID Cards

On June 25, 2009, FHCP HMO and EPN providers should have received an important notice from FHCP regarding our new ID cards. As a reminder, the notice provided the following information:

1. **FHCP has issued new identification cards to all of our members.** The new cards will have a new logo, layout and reflect a minor revision to the member identification number recorded on each card.
2. **The numeric portion of the member identification number will not change.** However, each member's identification number will have a three-digit alpha pre-fix. The pre-fix will be one of the following:

**FHW:** Medicare Advantage Member  
or  
**FHJ:** Non-Medicare Member

3. **Continue to use the FHCP member ID as you always have.** FHCP's HMO or EPN providers should continue to use the numeric portion of the member ID number as you do now for communicating with FHCP.
4. **Your affiliation with FHCP will not change.** FHCP will continue to utilize our current HMO and EPN provider networks to render care to our members. Please continue to bill FHCP at the same billing address for FHCP covered services. FHCP will continue to process and pay your claims per the FHCP contract rates in effect at the time of service.

Should you have any questions concerning your continuing relationship with FHCP, please feel free to contact FHCP's Provider Services at 386-615-4001 or toll-free at 1-800-352-9824, ext. 4001. You can also reach us at [ProviderRelations@fhcp.com](mailto:ProviderRelations@fhcp.com).

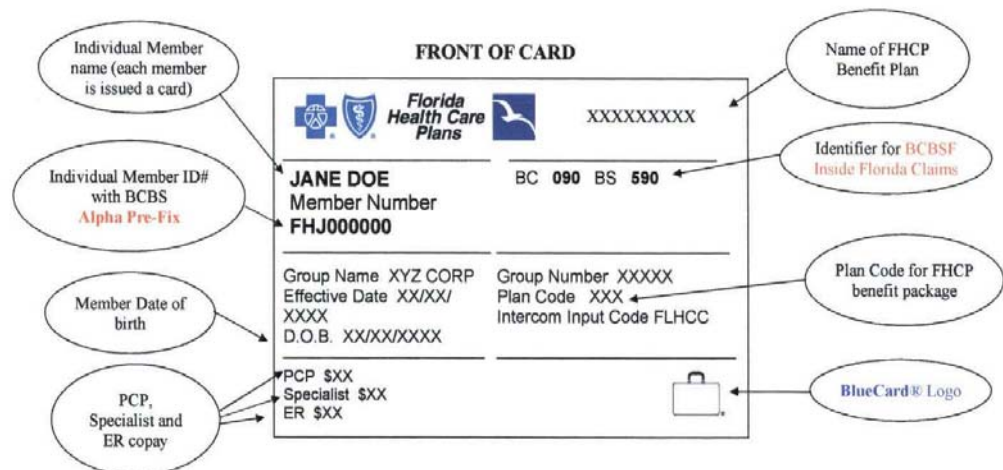
**FHCP will be closed on Friday, July 3<sup>rd</sup> to celebrate Independence Day and Monday, Sept. 7<sup>th</sup> for Labor Day.**

*Have a Safe and Happy Holiday!*



## FYI!

The Provider Directory is now located on our Website. Check us out at [fhcp.com](http://fhcp.com)





The trials are conducted according to the procedures in the ICH (International Committee on Harmonization) Good Clinical Practices and the Declaration of Helsinki. Section 3 of the GCP pertains to institutional review boards. IRBs are required for all clinical trials. Their role is to provide oversight of study conduct in order to ensure subject (patient) safety..

The purpose of clinical trials is to test medications on consenting human subjects according to protocols written by sponsors (pharmaceutical companies) and overseen by institutional review boards before being submitted to the Federal Drug Administration for approval to be sold to the public. In post-marketing studies a previously FDA approved, marketed drug is tested for possible use for a new indication or for continued monitoring for safety concerns. .

Research trials are divided into categories called phases. AICR conducts Phase II through IV clinical trials. AICR does not conduct Phase I trials which are done on healthy patients using experimental drugs that have not previously been given to human subjects. Phase I trials often involve overnight stays. AICR also does not conduct studies involving subjects with cancer or HIV.

***Below is a listing of the current clinical trials being conducted at AICR. If you should have any patients who fall into any of these categories, please let them know about AICR and pass along our contact information.***

***We'll be happy to provide them with further information.***

***Thank you.***

## **ATLANTIC INSTITUTE OF CLINICAL RESEARCH**

IS CURRENTLY ENROLLING THE FOLLOWING CLINICAL TRIALS:

- ✿ ALZHEIMER'S DISEASE  
(FHCP MEMBERS ONLY)\*
- ✿ ATRIAL FIBRILLATION  
(FHCP MEMBERS ONLY)\*
- ✿ BIRTH CONTROL PATCH
- ✿ BIRTH CONTROL PILL
- ✿ OSTEO & RHEUMATOID ARTHRITIS
- ✿ OSTEOPOROSIS

Coming soon: Overactive Bladder (for people 65 or older)

***You don't have to be a FHCP member to participate in any of these studies (\*except as noted above).***

***FOR MORE INFORMATION ABOUT THESE STUDIES,  
PLEASE CALL: 238-3220***