

Gym Access IND Gold POS 4500 - Zero Health Benefit Plan QL8



Schedule of Benefits for Covered Services

Amount Member Pays
In-Network Out-of-Network

Financial Features		
Medical Essential Health Benefits Deductible (EM DED ¹) (PBP ²) (DED is the amount the member is responsible for before FHCP pays)	\$0 per person \$0 per family	\$0 per person \$0 per family
Prescription Drug Essential Health Benefits Deductible (EM DED ¹) (PBP ²) (DED is the amount the member is responsible for before FHCP pays)	Integrated with Medical	Not Covered
Coinsurance (Coinsurance is the percentage the member pays for services)	10% of Allowed Amount	30% of Allowed Amount
Essential Health Benefits Out-of-Pocket Maximum (EM OOPM ³) (PBP ²) (OOPM includes DED, Coinsurance, Copayments and Prescription Drugs)	\$0 per person \$0 per family	\$0 per person \$0 per family
Office Services		
Physician Office Services (per visit)		
Primary Care	\$0	\$0
Specialist	\$0	\$0
Maternity (Office Cost Share for initial visit only. Delivery charges are separate)		
Primary Care	\$0	\$0
Specialist	\$0	\$0
Allergy Injections (per visit)		
Primary Care	\$0	\$0
Specialist	\$0	\$0
Medical Pharmacy: Medications administered by a health care provider in an office or outpatient setting. Includes chemotherapy, infusions, dialysis, therapeutic injections and other medications ordered and administered by a provider. Prior authorization is required.		
Preferred Medications	\$0	\$0
Non-Preferred Medications	\$0	\$0
Important: The Cost Share for Medical Pharmacy Services applies to the Prescription Drug only and is in addition to the Office Services and/or Outpatient Facility Cost Share. Medical Pharmacy does not include immunizations, allergy injections or Services covered through the prescription drug program. Please refer to your Certificate of Coverage for a description of Medical Pharmacy.		
Preventive Care		
Routine Adult & Child Preventive Services, Wellness Services, Blood Work and Immunizations	\$0	\$0
Mammogram Screening	\$0	\$0
Bone Density / Osteoporosis Screening	\$0	\$0
Colonoscopy (Routine for age 45+)	\$0	\$0
Emergency Medical Care		
Urgent Care Centers (per visit)	\$0	\$0
Hospital Emergency Room or Stand-Alone Emergency Facility Services (per visit)	\$0	\$0
Ambulance Services	\$0	\$0

¹ EM DED = Deductible is Embedded: A covered member's family deductible costs are capped at the individual deductible amount on the family plan.

² PBP = Per Benefit Period

³ EM OOPM = Out-of-Pocket Maximum is Embedded: A covered family member's out-of-pocket costs are capped at the individual out-of-pocket maximum amount on the family plan.

Note: Out-of-Network services may be subject to balance billing.

Florida Health Care Plans is an Independent Licensee of the Blue Cross and Blue Shield Association.

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Outpatient Diagnostic and Therapeutic Services - services with an asterisk * require prior authorization. Charges are per visit/test.		
Independent Diagnostic Facility/Provider's Office		
Allergy Testing	\$0	\$0
X-rays and Ultrasounds	\$0	\$0
Diagnostic Services (except AIS)	\$0	\$0
*Advanced Imaging Services (AIS) (MRI, MRA, PET, CT, Nuclear Med.)	\$0	\$0
*Therapeutic Services - <i>Therapeutic treatments include, but are not limited to dialysis, intravenous chemotherapy, intravenous infusion, hyperbaric oxygen therapy and radiation oncology.</i>	\$0	\$0
Independent Clinical Lab (diagnostic testing of blood and specimens)	\$0	\$0
Outpatient Hospital Facility Services (per visit)		
Lab Services	\$0	\$0
X-rays and Ultrasounds	\$0	\$0
Diagnostic Services (except AIS)	\$0	\$0
*Advanced Imaging Services (AIS) (MRI, MRA, PET, CT, Nuclear Med.)	\$0	\$0
*Therapeutic Services - <i>Therapeutic treatments include, but are not limited to dialysis, intravenous chemotherapy, intravenous infusion, hyperbaric oxygen therapy and radiation oncology.</i>	\$0	\$0
Important: Diagnostic or therapeutic services rendered in physician offices, testing centers or other outpatient locations that are owned and operated by a hospital system are considered by the hospital system to be departments of the hospital. As a result, FHCP will be billed by the hospital for such services, and the member's outpatient hospital benefit will be applied to these claims. Therapeutic services will incur separate charges for the facility service, physician fee and medical pharmacy. FHCP's Provider Directories and online Provider Search application provides information regarding which provider offices are actually hospital outpatient departments. Members should contact FHCP's cost estimation center to determine if having the diagnostic test or service performed in a hospital or hospital owned facility will result in higher cost sharing.		
Delivery / Hospital / Surgical - *all services require prior authorization		
*Ambulatory Surgical Center Facility (ASC)	\$0	\$0
*Birthing Center	\$0	\$0
*Outpatient Hospital Facility Services (per visit)	\$0	\$0
*Inpatient Hospital Facility (per admit)	\$0	\$0
Mental Health / Substance Dependency - services with an asterisk * require prior authorization		
Outpatient Office Visit		
Primary Care	\$0	\$0
Specialist	\$0	\$0
Group Therapy	\$0	\$0
*Inpatient Hospital Facility (per admit)	\$0	\$0
*Partial Hospitalization	\$0	\$0
*Outpatient Facility Service (per day)	\$0	\$0
*Residential/Rehabilitation Facility (per day)	\$0	\$0
Other Provider Services		
Provider Services at ER	\$0	\$0
Provider Services at Hospital/Birthing Center		
Inpatient	\$0	\$0
Outpatient	\$0	\$0
Provider Services at an Ambulatory Surgical Center (ASC)	\$0	\$0
Provider Services at Locations other than Office, Hospital and ER		
Primary Care	\$0	\$0
Specialist	\$0	\$0

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Schedule of Benefits for Covered Services Amount Member Pays
In-Network Out-of-Network

Other Special Services - services with an asterisk * require prior authorization		
Combined Limit for Outpatient Occupational, Physical and Speech Therapy (per visit)	\$0	\$0
*Combined Limit for Outpatient Cardiac and Pulmonary Rehabilitation Therapy (per visit)	\$0	\$0
Chiropractic Care (per visit)	\$0	\$0
*Durable Medical Equipment		
Motorized Wheelchair	\$0	\$0
All Other	\$0	\$0
*Prosthetics and Medical Brace Device	\$0	\$0
*Home Health Care (per day)	\$0	\$0
*Skilled Nursing Facility (per day)	\$0	\$0
Hospice (per day)	\$0	\$0
*Enteral Formulas	\$0	\$0
Telehealth Services		
General Medicine visit rendered by a designated Telehealth Services Provider	\$0	Not Covered
Mental Health/Behavioral Health visit rendered by a designated Telehealth Services Provider	\$0	Not Covered
Diabetes Care Management		
Diabetes Outpatient Self-Management Education	\$0	Not Covered
Glucometer (2 per year)	\$0	Not Covered
50 Test Strips (per box)	\$0	Not Covered
Lancets (per box)	\$0	Not Covered

***Prior Authorization is Required:** There are certain medical services, supplies and medications for which **members are required to obtain Prior Authorization** before receiving. If you don't obtain prior authorization from FHCP, you will have to **pay the entire cost** of the service, supply or medication. Before receiving a service, supply or medication you should visit www.fhcp.com or call toll-free 1-877-615-4022 to see if prior authorization is required.

Benefit Maximums – Combined Limit In-Network and Out-of-Network	
Home Health Care	20 Days PBP
OT, PT, ST Outpatient Rehabilitation Therapy	35 Visits PBP
OT, PT, ST Outpatient Habilitation Therapy	35 Visits PBP
Cardiac and Pulmonary Therapy	35 Visits PBP
Chiropractic Care	26 Visits PBP
Skilled Nursing/Rehabilitation Facility	60 Days PBP
Behavioral Health Residential Facility	60 Days PBP

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Schedule of Benefits for Covered Services

Amount Member Pays

Prescription Drug Program

Pharmacy Network: A Preferred Retail pharmacy is an FHCP owned and operated pharmacy. A Non-Preferred Retail Pharmacy is a participating network pharmacy that is listed in FHCP's Pharmacy Directory and is not owned and operated by FHCP. Members must use a Preferred FHCP pharmacy or a Non-Preferred Retail pharmacy to have a prescription filled or the member will have to pay the full cost of the drug (except in certain situations such as emergencies). Mail Order is only available through FHCP Mail Order Pharmacy. Members should log into their member account at www.fhcp.com and click Find a Pharmacy to locate a Network Provider pharmacy.

	Retail Network Pharmacies (1 month supply)		Mail Order (3 month supply)
	Preferred – FHCP	Non-Preferred	FHCP Only
Generic Drugs			
Preventive (e.g., oral contraceptives)	\$0	Not Covered	\$0
Preferred Generic	\$0	\$0	\$0
Non-Preferred Generic	\$0	\$0	\$0
Preferred Brand Drugs	\$0	\$0	\$0
Non-Preferred Brand Drugs	\$0	\$0	\$0
Specialty Drugs (Prior authorization is required)			
Preferred Specialty	\$0	Not Covered	Not Covered
Non-Preferred Specialty	\$0	Not Covered	Not Covered

If a Brand Name Prescription Drug is requested when there is a Generic Prescription Drug available, the member will be responsible for paying the Usual and Customary cash price for that prescription.

FHCP Pharmacy benefit provides coverage for Generic contraceptive medications or supplies (e.g., oral contraceptives, emergency contraceptive, and diaphragms) at no cost when obtained from a pharmacy owned and operated by FHCP. FHCP's Pharmacy Benefit also covers certain preventive medications at no cost in accordance with the United States Preventative Task Force (USPSTF) Affordable Care Act A and B recommendations as long as all criteria are met and the medication is obtained from a FHCP owned and operated pharmacy.

Schedule of Benefits for Covered Services

Amount Member Pays
Network Provider Out-of-Network Provider

Pediatric Vision

Network Provider Services: The services listed below must be received from a Network Provider or the member will have to pay the full cost of the service (except in certain situations such as emergencies). Members should log onto www.fhcp.com and click **Find a Provider/Facility** to locate a Network Provider near them.

Eyeglass Exam (1x per year)	\$0	Not Covered
Eyeglasses (includes frames & lenses - single vision, bifocal, trifocal or lenticular)	\$0	Not Covered
Contact Lenses Exam (1x per year) <i>(Instead of eyeglass exam)</i>	\$0	Not Covered
Contact Lenses (2 boxes, 1x per year) <i>(Instead of eyeglasses)</i>	\$0	Not Covered
Eye Infection, Visual Disturbances, etc. (per exam)	\$0	Not Covered

Note: Anything over the allowance will not count toward your out-of-pocket maximum limitation.

Pediatric Dental

Preventive, Basic and Major Services	Not Covered
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Wellness Certificate

Fitness Center Access	Covered
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Additional Benefits and Features

- To find out more about their benefits and/or treatment options, members are encouraged to call the Member Services Department at 1-877-615-4022. This can help them save time and money.
- For a list of network providers, please visit <https://www.fhcp.com/our-provider-network> or call 1 (877) 615-4022 to request a printed provider directory.
- Members have online access to view their health benefit plan information as well as self-service tools through the Member Portal at www.fhcp.com.
- Value-add Programs - Members 18 years of age or older, enrolled in a Florida Health Care Plans Individual plan, can earn rewards by participating in the FHCP Rewards program. The FHCP Reward program rewards you for being more active in your healthcare choices. Visit your member portal account on www.fhcp.com or download the FHCP Rewards app on your mobile device to learn more about the program, how to participate, and ways to earn and spend rewards. You can also call Member Services at 1-877-615-4022 (TRS Relay 711 TTY: 1-800-955-8770). Limitations may apply.

This is not an insurance contract or Benefit Booklet. This Benefit Schedule is only a partial description of the many benefits and services provided or authorized by Florida Health Care Plans. This does not constitute a contract. For a complete description of benefits and exclusions, please see the Florida Health Care Plans Certificate of Coverage; its terms prevail.