Coverage for: Individual and/or Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2024.pdf. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-615-4022 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|---|---|
| What is the overall deductible? | Network providers: \$0 Out-of-network providers: \$0 | See the Common Medical Events chart below for your costs for services this plan. |
| Are there services covered before you meet your deductible? | Not Applicable | |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | Network providers: Not Applicable. Out-of-network providers: Not Applicable. | This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses. |
| What is not included in the out-of-pocket limit? | Premiums, balance-billing charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |
| Will you pay less if you use a network provider? | Yes. See https://www.fhcp.com/our-provider-network/ or call 1 (877) 615-4022 for a list of network providers . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a referral to see a specialist? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

| Common Medical | Services You May Need | What You Will Pay | | Limitations Evacutions 2 Other Important |
|---|---|---|---|--|
| Event | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Primary care visit to treat an injury or illness | No Charge | No Charge | Additional cost share may apply for Allergy Shots, Injections and Infusions. |
| If you visit a health care <u>provider's</u> office or clinic | Specialist visit | No Charge | No Charge | Additional cost share may apply for Allergy Shots, Injections and Infusions. |
| | Preventive care/screening/ immunization | No Charge | No Charge | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs) | No Charge for laboratory & professional services. No Charge for x- ray & diagnostic imaging. No Charge for laboratory & professional services and No Charge for x-ray & diagnostic imaging at an outpatient hospital facility. No Charge for Imaging services at independent location or | No Charge | Prior authorization is required. Tests in hospitals, or facilities owned or operated by hospitals are subject to the outpatient hospital facility cost share. Failure to obtain prior authorization for any service that requires prior authorization will result in a denial of benefits. See your policy for more details. |
| If you need drugs to | Generic drugs – preferred / non-preferred | outpatient hospital facility. No Charge | Not Covered | 31 Days per Benefit Period. Available at Preferred-FHCP and select Non-Preferred Retail Pharmacies Only. Up to 93-day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Non-Preferred Pharmacies. |
| treat your illness or condition More information about prescription drug coverage is available at https://fm.formularynaviga tor.com/FBO/126/2024 Q HP Formulary.pdf | Preferred brand drugs | No Charge | Not Covered | |
| | Non-preferred brand drugs | No Charge | Not Covered | |
| | Specialty drugs – preferred / non-preferred | No Charge | Not Covered | 31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available. |

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at http://www.fhcp.com/documents/coc/qhp-ind-2024.pdf

| Common Medical | What You Will Pay | | Limitations, Exceptions, & Other Important | | |
|--|--|--|---|--|--|
| Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No Charge | No Charge | Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied. | |
| | Physician/surgeon fees | No Charge | No Charge | Prior approval required. Your benefits/services may be denied. | |
| | Emergency room care | No Charge | No Charge | None | |
| If you need immediate medical attention | Emergency medical transportation | No Charge | No Charge | None | |
| | <u>Urgent care</u> | No Charge | No Charge | None | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No Charge | No Charge | Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied. | |
| • | Physician/surgeon fees | No Charge | No Charge | None | |
| If you need mental | Outpatient services | No Charge | No Charge | None | |
| health, behavioral health, or substance abuse services | Inpatient services | No Charge | No Charge | Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied. | |
| | Office visits | No Charge | No Charge | Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). | |
| If you are pregnant | Childbirth/delivery professional services | No Charge | No Charge | Pre-certification/pre-authorization of coverage | |
| | Childbirth/delivery facility services | No Charge | No Charge | required for non-emergency admissions. Your benefits/services may be denied. | |
| | Home health care | No Charge | No Charge | 20 Days per Benefit Period. Prior authorization is required. | |
| If you need help recovering or have other special health | Rehabilitation services | No Charge | No Charge | 35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy. | |
| needs | Habilitation services | No Charge | No Charge | 35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy. | |

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at http://www.fhcp.com/documents/coc/qhp-ind-2024.pdf

| Common Medical | | What You Will Pay | | Limitations, Exceptions, & Other Important |
|--|----------------------------|--|---|--|
| Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information |
| | Skilled nursing care | No Charge | No Charge | 60 Days per Benefit Period. Prior authorization is required. |
| | Durable medical equipment | No Charge | No Charge | Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required. |
| | Hospice services | No Charge | No Charge | None |
| lf abild manda | Children's eye exam | No Charge | Not Covered | Coverage limited to one exam/year. |
| If your child needs dental or eye care | Children's glasses | No Charge | Not Covered | Coverage limited to one pair of glasses/year. |
| uchital of tye cale | Children's dental check-up | Not Covered | Not Covered | None |

Excluded Services & Other Covered Services:

Cosmetic surgery

• Intertitity treatment

• Intertitity treatment

• Cosmetic surgery

• Long-term care

• Routine eye care (Adult)

• Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care
 Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The plan's overall deductible | \$(|
|---------------------------------|-----|
| ■ Specialist copayment | \$(|
| ■ Hospital (facility) copayment | \$(|
| ■ Other coinsurance | 0% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|---------------------------------|----------|
| In this example, Peg would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Peg would pay is | \$0 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$0 |
|---------------------------------|-----|
| ■ Specialist copayment | \$0 |
| ■ Hospital (facility) copayment | \$0 |
| ■ Other <u>coinsurance</u> | 0% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

| Total Example Cost | \$5,600 | |
|---------------------------------|---------|--|
| In this example, Joe would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | \$0 | |
| Copayments | \$0 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or exclusions | \$0 | |
| The total Joe would pay is | \$0 | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$0 |
|---------------------------------|------------|
| ■ Specialist copayment | \$0 |
| ■ Hospital (facility) copayment | \$0 |
| Other coinsurance | 0% |

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 | |
|---------------------------------|---------|--|
| In this example, Mia would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | \$0 | |
| Copayments | \$0 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or exclusions | \$0 | |
| The total Mia would pay is | \$0 | |

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.