

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2023.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<u>Network providers</u> : \$4,000 individual / \$8,000 family. <u>Out-of-network providers</u> : \$5,000 individual / \$10,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and services not subject to deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes, \$1,500 individual / \$3,000 family for brand and specialty prescription drug coverage.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	<u>Network providers</u> : \$8,750 individual / \$17,500 family; <u>Out-of-network providers</u> : \$9,000 individual / \$18,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>https://www.fhcp.com/our-provider-network/</u> or call 1 (877) 615-4022 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$35 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
If you visit a health care provider's office	<u>Specialist</u> visit	\$65 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
or clinic	Preventive care/screening/ immunization	No Charge	<u>Deductible</u> + 40% <u>Coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Work: \$25 <u>Copay</u> . Deductible does not apply. X-ray: \$50 <u>Copay</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	Prior authorization is required. Tests in hospitals, or facilities owned or operated by	
	Imaging (CT/PET scans, MRIs)	\$500 <u>Copay</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	hospitals may have higher cost share.	
If you need drugs to treat your illness or	Generic drugs – preferred / non-preferred	\$3 <u>Copay</u> / \$15 <u>Copay</u> Deductible does not apply.	Not Covered	31 Days per Benefit Period. Available at FHCP and Walgreen's Pharmacies Only. Up to 93 day	
condition More information about	Preferred brand drugs	Deductible + 20% Coinsurance	Not Covered	Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at	
prescription drug coverage is available at	Non-preferred brand drugs	Deductible + 30% Coinsurance	Not Covered	Walgreen's pharmacy.	
https://fm.formularynavigat or.com/FBO/126/2023_OH P_Formulary.pdf	Specialty drugs – preferred / non-preferred	<u>Deductible</u> + 40% <u>Coinsurance</u> / <u>Deductible</u> + 50% <u>Coinsurance</u>	Not Covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Deductible + 30% Coinsurance	<u>Deductible</u> + 40% <u>Coinsurance</u>	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.	
surgery	Physician/surgeon fees	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Prior approval required. Your benefits/services may be denied.	
If you need immediate	Emergency room care	Deductible + 30% Coinsurance	In-Network <u>Deductible</u> + 30% <u>Coinsurance</u>	None	
medical attention	Emergency medical transportation	Deductible + 30% Coinsurance	In-Network <u>Deductible</u> + 30% <u>Coinsurance</u>	None	

*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.fhcp.com/documents/coc/qhp-ind-2023.pdf</u>

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Urgent care	\$75 <u>Copay</u> . Deductible does not apply.	\$75 <u>Copay</u> . Deductible does not apply.	None	
If you have a hospital	Facility fee (e.g., hospital room)	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
stay	Physician/surgeon fees	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	None	
If you need mental	Outpatient services	\$65 <u>Copay</u>	Deductible + 40% Coinsurance	None	
health, behavioral health, or substance abuse services	Inpatient services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Office visits	\$65 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage	
	Childbirth/delivery facility services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	required for non-emergency admissions. Your benefits/services may be denied.	
	Home health care	30% <u>Coinsurance</u> . Deductible does not apply.	Deductible + 40% Coinsurance	20 Days per Benefit Period. Prior authorization is required.	
Karan waad bala	Rehabilitation services	\$35 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
If you need help recovering or have other special health needs	Habilitation services	\$35 <u>Copay</u> . Deductible does not apply.	Deductible + 40% Coinsurance	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	Skilled nursing care	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	60 Days per Benefit Period. Prior authorization is required.	
	Durable medical equipment	30% <u>Coinsurance</u> . Deductible does not apply.	Deductible + 40% Coinsurance	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required.	

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Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event Services You May N		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Hospice services	30% <u>Coinsurance</u> . Deductible does not apply.	<u>Deductible</u> + 40% <u>Coinsurance</u>	None	
If your shild poods	Children's eye exam	\$10 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one exam/year.	
If your child needs dental or eye care	Children's glasses	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one pair of glasses/year.	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)			
Abortion with the Exception of Limited Services	Dental care (Child)	 Non-emergency care when traveling outside the 	
Acupuncture	Hearing Aids	U.S.	
Bariatric surgery	 Infertility treatment 	 Private-duty nursing 	
Cosmetic surgery	Long-term care	Routine eye care (Adult)	
Dental care (Adult)	-	Routine foot care	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Chiropractic care	 Weight loss programs 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cclio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$4000
Specialist copayment	\$65
Hospital (facility) <u>coinsurance</u>	30%
Other <u>copayment</u>	\$50

This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$4,000	
<u>Copayments</u>	\$500	
<u>Coinsurance</u>	\$1,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$5,860	

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$4000
Specialist copayment	\$65
Hospital (facility) coinsurance	30%
Other <u>coinsurance</u>	30%
This EXAMPLE event includes service	es like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example. Les would have	

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$1,500	
<u>Copayments</u>	\$900	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,720	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$4000
Specialist copayment	\$65
Hospital (facility) <u>coinsurance</u>	30%
Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,700
<u>Copayments</u>	\$500
Coinsurance	\$70
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,270

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.