A

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2023.pdf. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network providers: \$6,000 individual / \$12,000 family. Out-of-network providers: Not Covered	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services not subject to deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network providers: \$8,650 individual / \$17,300 family; Out-of-network providers: Not Covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.fhcp.com/our-provider-network/ or call 1 (877) 615-4022 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

Common Medical		What You Wil	Limitations, Exceptions, & Other Important Information		
Event	Services You May Need	Network Provider Out-of-Network Provider (You will pay the least) (You will pay the most)			
	Primary care visit to treat an injury or illness	\$50 <u>Copay</u> . Deductible does not apply.	Not Covered	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
If you visit a health care provider's office	Specialist visit	\$80 <u>Copay</u> . Deductible does not apply.	Not Covered	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Work: \$15 <u>Copay</u> . Deductible does not apply. X-ray: \$35 <u>Copay</u> . Deductible does not apply.	Not Covered	Prior authorization is required. Tests in hospitals, or facilities owned or operated by hospitals may have higher cost share.	
	Imaging (CT/PET scans, MRIs)	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	nospitals may have higher cost share.	
If you need drugs to treat your illness or	Generic drugs – preferred / non-preferred	\$3 <u>Copay</u> / \$15 <u>Copay</u> Deductible does not apply.	Not Covered	31 Days per Benefit Period. Available at FHCP and Walgreen's Pharmacies Only. Up	
condition More information about	Preferred brand drugs	Deductible + \$50 Copay	Not Covered	to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for	
prescription druq coverage is available at	Non-preferred brand drugs	<u>Deductible</u> + \$100 <u>Copay</u>	Not Covered	cost sharing at Walgreen's pharmacy.	
https://fm.formularynaviqat or.com/FBO/126/2023 QH P_Formulary.pdf	Specialty drugs – preferred / non-preferred	<u>Deductible</u> + 40% <u>Coinsurance</u> / <u>Deductible</u> + 50% <u>Coinsurance</u>	Not Covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.	
	Physician/surgeon fees	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	Prior approval required. Your benefits/services may be denied.	
If you need immediate	Emergency room care	Deductible + \$600 Copay	Deductible + \$600 Copay	None	
medical attention	Emergency medical transportation	Deductible + 40% Coinsurance	<u>Deductible</u> + 40% <u>Coinsurance</u>	None	

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.fhcp.com/documents/coc/qhp-ind-2023.pdf</u>

Common Medical		What You Wi	Limitations Excontions & Other Important		
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
<u>Urgent care</u>		\$100 <u>Copay</u> . Deductible does not apply.	\$100 <u>Copay</u> . Deductible does not apply.	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Physician/surgeon fees	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	None	
If you need mental	Outpatient services	\$80 Copay. Deductible does not apply.	Not Covered	None	
health, behavioral health, or substance abuse services	Inpatient services	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Office visits	\$80 Copay. Deductible does not apply.	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	Deductible + 40% Coinsurance	Not Covered	Pre-certification/pre-authorization of coverage required for non-emergency	
	Childbirth/delivery facility services	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	admissions. Your benefits/services may be denied.	
	Home health care	No Charge	Not Covered	20 Days per Benefit Period. Prior authorization is required.	
If you need help recovering or have other special health needs	Rehabilitation services	\$50 <u>Copay</u> . Deductible does not apply.	Not Covered	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	<u>Habilitation services</u>	\$50 <u>Copay</u> . Deductible does not apply.	Not Covered	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	Skilled nursing care	<u>Deductible</u> + 40% <u>Coinsurance</u>	Not Covered	60 Days per Benefit Period. Prior authorization is required.	
	Durable medical equipment	No Charge Except : Motorized Wheelchair \$500 Copay. Deductible does not apply.	Not Covered	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required.	

 $^{{}^*} For more information about limitations and exceptions, see the \underline{\textit{plan}} \ or \ policy \ document \ at \ \underline{\textit{www.fhcp.com/documents/coc/qhp-ind-2023.pdf}}$

Common Medical		What You Wi	Limitations, Exceptions, & Other Important		
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	<u>Hospice services</u>	No Charge	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	\$10 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one exam/year.	
	Children's glasses	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one pair of glasses/year.	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

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- Abortion with the Exception of Limited Services
- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Dental care (Child)
- Hearing AidsInfertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$6000
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other <u>copayment</u>	\$35

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$6,000		
<u>Copayments</u>	\$400		
Coinsurance	\$1,000		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$7,460		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$6000
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600			
In this example, Joe would pay:				
Cost Sharing				
<u>Deductibles</u>	\$3,100			
Copayments	\$1,000			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$20			
The total Joe would pay is	\$4,120			

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$6000
Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other <u>copayment</u>	\$600

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800			
In this example, Mia would pay:				
Cost Sharing				
<u>Deductibles</u>	\$1,700			
Copayments	\$600			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$2,300			

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.