

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-small-group-2022.pdf. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network providers</u> : \$6,300 individual / \$12,600 family. <u>Out-of-network providers</u> : \$8,000 individual / \$16,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	<u>Network providers:</u> \$7,050 individual / \$14,100 family; <u>Out-of-network providers</u> : \$12,000 individual / \$24,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>https://www.fhcp.com/our-provider-network/</u> or call 1 (877) 615-4022 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical		What You Will Pay		Limitationa Evantiona 8 Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.
If you visit a health care provider's office	<u>Specialist</u> visit	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Additional cost share may apply for Allergy Shots, Injections and Infusions.
or clinic	Preventive care/screening/ immunization	No Charge	Deductible + 40% Coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Prior authorization is required. Tests in
n you have a test	Imaging (CT/PET scans, MRIs)	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	hospitals, or facilities owned or operated by hospitals may have higher cost share.
If you need drugs to treat your illness or	Generic drugs – preferred / non-preferred	<u>Deductible</u> + \$3 <u>Copay</u> / <u>Deductible</u> + \$10 <u>Copay</u>	Not Covered	31 Days per Benefit Period. Available at FHCP and Walgreen's Pharmacies Only. Up
condition	Preferred brand drugs	Deductible + \$30 Copay	Not Covered	to 93 day Mail Order available through FHCP Only. Refer to the schedule of
More information about prescription drug	Non-preferred brand drugs	Deductible + \$55 Copay	Not Covered	benefits for cost sharing at Walgreen's pharmacy.
<u>coverage</u> is available at <u>http://www.fhcp.com/qhp-</u> 2022	<u>Specialty drugs</u> – preferred / non-preferred	<u>Deductible</u> + 40% <u>Coinsurance</u> / <u>Deductible</u> + 50% <u>Coinsurance</u>	Not Covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Deductible + 30% Coinsurance	<u>Deductible</u> + 40% <u>Coinsurance</u>	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.
	Physician/surgeon fees	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Prior approval required. Your benefits/services may be denied.
lf you need immediate	Emergency room care	Deductible + 30% Coinsurance	In-Network <u>Deductible</u> + 30% <u>Coinsurance</u>	None
medical attention	Emergency medical transportation	Deductible + 30% Coinsurance	In-Network <u>Deductible</u> + 30% <u>Coinsurance</u>	None

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>http://www.fhcp.com/documents/coc/qhp-small-group-2022.pdf</u> Page 2 of 6

Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Urgent care	Deductible + 30% Coinsurance	In-Network <u>Deductible</u> + 30% <u>Coinsurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.
	Physician/surgeon fees	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	None
If you need mental	Outpatient services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	None
health, behavioral health, or substance abuse services	Inpatient services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.
	Office visits	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
lf you are pregnant	Childbirth/delivery professional services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Pre-certification/pre-authorization of coverage required for non-emergency
	Childbirth/delivery facility services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	admissions. Your benefits/services may be denied.
	Home health care	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	20 Days per Benefit Period. Prior authorization is required.
lf you need help	Rehabilitation services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.
recovering or have other special health needs	Habilitation services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.
	Skilled nursing care	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	60 Days per Benefit Period. Prior authorization is required.
	Durable medical equipment	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	Excludes vehicle modifications, home modifications, exercise, and bathroom

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Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
				equipment. Prior authorization is required.
	Hospice services	Deductible + 30% Coinsurance	Deductible + 40% Coinsurance	None
lf	Children's eye exam	\$10 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one exam/year.
If your child needs dental or eye care	Children's glasses	\$25 <u>Copay</u> . Deductible does not apply.	Not Covered	Coverage limited to one pair of glasses/year.
	Children's dental check-up	No Charge	Not Covered	Coverage limited to two visits/year.
Excluded Services &	Other Covered Services:			
Services Your Plan Gene	rally Does NOT Cover (Check	your policy or plan document for	more information and a list of	any other <u>excluded services</u> .)
Abortion with the	Exception of Limited Services	Hearing Aids	<ul> <li>Non-</li> </ul>	emergency care when traveling outside the
Acupuncture		<ul> <li>Infertility treatment</li> </ul>	U.S.	
Bariatric surgery		ate-duty nursing		
Cosmetic surgery		Routine eye care (Adult)		ine eye care (Adult)
Dental care (Adult	t)		Rout	ine foot care
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)				
Chiropractic care		Weight loss programs		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

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## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby (9 months of in-network pre-natal care and a

hospital deliverv)

The plan's overall <u>deductible</u>	\$6300
Specialist coinsurance	30%
Hospital (facility) <u>coinsurance</u>	30%
Other <u>coinsurance</u>	30%

# This EXAMPLE event includes services like:

<u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$6,300
Copayments	\$0
Coinsurance	\$800
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$7,160

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The plan's overall deductible	\$6300
Specialist coinsurance	30%
Hospital (facility) coinsurance	30%
Other <u>coinsurance</u>	30%
This EXAMPLE event includes service	ces like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$4,600	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$4,820	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$6300
Specialist coinsurance	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800

The plan would be responsible for the other costs of these EXAMPLE covered services.