Coverage for: Individual and/or Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit:

http://www.fhcp.com/documents/coc/qhp-ind-2022.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network providers: \$0 Out-of-network providers: \$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> .
Are there services covered before you meet your deductible?	Not Applicable	
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network providers: Not applicable. Out-of-network providers: No Charge	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See https://www.fhcp.com/our-provider-network/ or call 1 (877) 615-4022 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	No Charge	No Charge	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
If you visit a health care provider's office	Specialist visit	No Charge	No Charge	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
or clinic	Preventive care/screening/ immunization	No Charge	No Charge	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	No Charge	Prior authorization is required. Tests in	
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	hospitals, or facilities owned or operated by hospitals may have higher cost share.	
If you need drugs to treat your illness or	Generic drugs – preferred / non-preferred	No Charge	Not Covered	31 Days per Benefit Period. Available at FHCP and Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Walgreen's pharmacy. 31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	
condition More information about	Preferred brand drugs	No Charge	Not Covered		
prescription drug	Non-preferred brand drugs	No Charge	Not Covered		
coverage is available at http://www.fhcp.com/qhp- 2022	Specialty drugs – preferred / non-preferred	No Charge	Not Covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	Pre-certification/pre-authorization of coverage required for non-emergency outpatient surgical care. Your benefits/services may be denied.	
surgery	Physician/surgeon fees	No Charge	No Charge	Prior approval required. Your benefits/services may be denied.	
	Emergency room care	No Charge	No Charge	None	
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	None	
	<u>Urgent care</u>	No Charge	No Charge	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	No Charge	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
-	Physician/surgeon fees	No Charge	No Charge	None	

 $^{{}^*} For more information about limitations and exceptions, see the \underline{\textit{plan}} \ or \ policy \ document \ at \ \underline{\textit{www.fhcp.com/documents/coc/qhp-ind-2022.pdf}}$

Common Medical		What You Will Pay		Limitations Evacations 9 Other Important	
Event Services You May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental	Outpatient services	No Charge	No Charge	None	
health, behavioral health, or substance abuse services	Inpatient services	No Charge	No Charge	Pre-certification/pre-authorization of coverage required for non-emergency admissions. Your benefits/services may be denied.	
	Office visits	No Charge	No Charge	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	No Charge	No Charge	Pre-certification/pre-authorization of coverage	
	Childbirth/delivery facility services	No Charge	No Charge	required for non-emergency admissions. Your benefits/services may be denied.	
	Home health care	No Charge	No Charge	20 Days per Benefit Period. Prior authorization is required.	
If you need help recovering or have other special health	Rehabilitation services	No Charge	No Charge	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
	<u>Habilitation services</u>	No Charge	No Charge	35 Visit(s) per Benefit Period. Includes physical therapy, speech therapy, and occupational therapy.	
needs	Skilled nursing care	No Charge	No Charge	60 Days per Benefit Period. Prior authorization is required.	
	Durable medical equipment	No Charge	No Charge	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Prior authorization is required.	
	<u>Hospice services</u>	No Charge	No Charge	None	
If your shild poods	Children's eye exam	No Charge	Not Covered	Coverage limited to one exam/year.	
If your child needs dental or eye care	Children's glasses	No Charge	Not Covered	Coverage limited to one pair of glasses/year.	
uentar or eye care	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

• Abortion with the Exception of Limited Services

Dental care (Child)

Non-emergency care when traveling outside the

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
•	Acupuncture	•	Hearing Aids		U.S.
•	Bariatric surgery	•	Infertility treatment	•	Private-duty nursing
•	Cosmetic surgery	•	Long-term care	•	Routine eye care (Adult)

Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic careWeight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Dental care (Adult)

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-877-615-4022

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-615-4022

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$0	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
Hospital (facility) copayment	\$0
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$0	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) copayment	\$0
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$0	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.