Summary of Benefits and Coverage: What this Plan covers & What You Pay For Covered Services

Florida Health Care Plans : Gym Access IND Essential Plus Silver POS 54

Coverage Period: 01/01/2020-12/31/2020

Coverage for: Individual/Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

http://www.fhcp.com/documents/coc/qhp-ind-2020.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-615-4022 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In Network: \$2900 per person \$5800 per group. Out of network: \$5000 per person \$10000 per group. Does not apply to preventive care.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes, Preventive care and generic prescription drug coverage.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without cost-sharing and before you meet your <u>deductible</u> . See a list of covered preventive services at www.healthcare.gov/coverage/preventive- care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$8150 per person \$16300 per group. Out of Network: \$8000 per person \$16000 per group.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums and balance-billed charges this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See http://www.fhcp.com/findproviders/physician or call 1 (877) 615-4022 for a list of network providers.	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an out-of-network <u>provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No, you don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	W		u will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information	
If you visit a health care	Primary care visit to treat an injury or illness	\$40 Copay	50% Coinsurance after deductible	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
provider's office or clinic	<u>Specialist</u> visit	\$65 Copay	50% Coinsurance after deductible	Additional cost share may apply for Allergy Shots, Injections and Infusions.	
Chine	Preventive care/ screening/ immunization	No Charge	50% Coinsurance after deductible	None	
lf have a fact	<u>Diagnostic test</u> (x-ray, blood work)	30% Coinsurance after deductible	50% Coinsurance after deductible	None	
If you have a test	Imaging(CT/PET scans, MRIs)	30% Coinsurance after deductible	50% Coinsurance after deductible	Prior authorization is required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.fhcp.com/ qhp-2020	Generic Drugs - Preferred / Non-Preferred	\$3/\$10 Copay	Not covered	31 Days per Benefit Period. Available at FHCP and Select In-Network Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Walgreen's pharmacy.	
	Preferred brand drugs	\$30 Copay after deductible	Not covered	31 Days per Benefit Period. Available at FHCP and Select In-Network Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Walgreen's pharmacy.	
	Non-preferred brand drugs	\$55 Copay after deductible	Not covered	31 Days per Benefit Period. Available at FHCP and Select In-Network Walgreen's Pharmacies Only. Up to 93 day Mail Order available through FHCP Only. Refer to the schedule of benefits for cost sharing at Walgreen's pharmacy.	
	Specialty drugs - Preferred / Non-Preferred	40%/50% Coinsurance after deductible	Not covered	31 Days per Benefit Period. Available at FHCP Pharmacy Only. Mail Order not available.	

For more information about limitations and exceptions, see the plan or policy document at www.fhcp.com/documents/coc/qhp-ind-2020.pdf

		What You	u will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information	
If you have	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance after deductible	50% Coinsurance after deductible	Prior authorization is required.	
outpatient surgery	Physician/surgeon fees	30% Coinsurance after deductible	50% Coinsurance after deductible	Prior authorization is required.	
If you need	Emergency room care	30% Coinsurance after deductible	30% Coinsurance after In-Network deductible	None	
immediate medical attention	Emergency Medical transportation	30% Coinsurance after deductible	30% Coinsurance after In-Network deductible	None	
	<u>Urgent Care</u>	\$75 Copay	\$75 Copay	None	
If you have a	Facility fee (e.g., hospital room)	30% Coinsurance after deductible	50% Coinsurance after deductible	Pre-certification/pre-authorization of coverage required for non-emergency admissions.	
hospital stay	Physician/surgeon fees	30% Coinsurance after deductible	50% Coinsurance after deductible	Prior approval required.	
lf you need mental health, behavioral	Outpatient services	\$65 Copay	50% Coinsurance after deductible	None	
health, or substance abuse services	Inpatient services	30% Coinsurance after deductible	50% Coinsurance after deductible	Pre-certification/pre-authorization of coverage required for non-emergency admissions.	
If you are pregnant	Office visits	\$65 Copay	50% Coinsurance after deductible	None	
	Childbirth/delivery professional services	30% Coinsurance after deductible	50% Coinsurance after deductible	Pre-certification/pre-authorization of coverage required for non-emergency admissions.	
	Childbirth/delivery facility services	30% Coinsurance after deductible	50% Coinsurance after deductible	Pre-certification/pre-authorization of coverage required for non-emergency admissions.	

For more information about limitations and exceptions, see the plan or policy document at www.fhcp.com/documents/coc/qhp-ind-2020.pdf

		What You will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information
	Home health care	30% Coinsurance	50% Coinsurance after deductible	20 Days per Benefit Period. Prior authorization is required.
	Rehabilitation services	\$65 Copay	50% Coinsurance after deductible	35 Visit(s) per Benefit Period. Includes Physical Therapy, Speech Therapy and Occupational Therapy.
If you need help recovering or have other special health	Habilitation services	\$65 Copay	50% Coinsurance after deductible	35 Visit(s) per Benefit Period. Includes Physical Therapy, Speech Therapy and Occupational Therapy.
needs	Skilled nursing care	30% Coinsurance after deductible	50% Coinsurance after deductible	60 Days per Benefit Period. Prior authorization is required.
	Durable medical equipment	30% Coinsurance	50% Coinsurance after deductible	Prior authorization is required.
	Hospice services	30% Coinsurance after deductible	50% Coinsurance after deductible	None
If your child needs dental or eye care	Children's eye exam	\$10 Copay	Not Covered	1 Visit(s) per Year
	Children's glasses	\$25 Copay	Not Covered	1 Item(s) per Year
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services

Services your Plan Generally Does NOT cover (Check your policy or plan documentation for more information and a list of any other excluded services.)			
Acupuncture	Bariatric surgery	Cosmetic surgery	
 Dental care (Adult) 	Hearing aids	Infertility treatment	
Long-term care	 Private-duty nursing 	Routine foot care	
Routine eye care (Adult)	 Weight loss programs 	 Abortion with the Exception of Limited 	
		Services	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Chiropractic care

For more information about limitations and exceptions, see the plan or policy document at www.fhcp.com/documents/coc/qhp-ind-2020.pdf

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State Department of Insurance at 1-877-693-5236, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA(3272) or www.dol.gov/ebsa/healthreform or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the insurer at 1-877-615-4022. You may also contact your State Department of Insurance at 1-877-693-5236 or the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA(3272) or <u>www.dol.gov/ebsa/healthreform</u>. For group health coverage subject to ERISA contact your employee services department for non-federal governmental group health <u>plans</u> and church <u>plans</u> that are group health <u>plans</u> contact your employee services department. You may also contact the state insurance department at 1-877-693-5236. Additionally. A consumer assistance program can help you file your <u>appeal</u>. Contact U.S. Department of Labor Employee Benefits Security Administration at 1-866-4-USA-DOL(866-487-2365) or <u>www.dol.gov/ebsa/consumer_info_health.html</u>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-615-4022 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-615-4022 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-615-4022 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne 1-877-615-4022

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

For more information about limitations and exceptions, see the plan or policy document at www.fhcp.com/documents/coc/qhp-ind-2020.pdf

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage

Peg is	Having	a baby
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(9 months of in-network pre-natal care and a hospital delivery)

30%

- The <u>plan's</u> overall <u>deductible</u> \$2,900
 <u>Specialist copayment</u> \$65
 Hospital (facility) <u>coinsurance</u> 30%
- Other <u>coinsurance</u>

This EXAMPLE even includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery facility Services Diagnostic test (ultrasounds and blood work) Specialist visit (anesthesia)

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In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,900	
Copayments	\$1,230	
Coinsurance	\$3,000	
What isn't covered		
Limits or exclusions \$		
The total Peg would pay is	\$7,190	

0 1		
Managing Joe's type 2 Diab	etes	
(a year of routine in-network care of a well- controlled condition)		
The <u>plan's</u> overall <u>deductible</u>	\$2,900	
Specialist copayment	\$65	
 Hospital (facility) <u>coinsurance</u> 	30%	
• Other <u>coinsurance</u>	30%	
This EXAMPLE even includes services like: Primary care physician office visits (includes disease education) Diagnostic tests (blood work) Prescription Drugs Durable medical equipment (glucose meter)		
Total Example Cost	\$7,400	

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$2,900	
Copayments	\$1,490	
Coinsurance	\$40	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$4,490	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$2,900
 <u>Specialist</u> copayment 	\$65
 Hospital (facility) <u>coinsurance</u> 	30%
• Other <u>coinsurance</u>	30%

This EXAMPLE even includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (Physical therapy)

Total Example Cost	\$1,900
	ψ1,000

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$970
Copayments	\$460
Coinsurance	\$420
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,850

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



Discrimination is Against the Law

Florida Health Care Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Florida Health Care Plans does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Florida Health Care Plans:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - o Qualified Interpreters
 - Information written in other languages

If you need these services, contact:

• Florida Health Care Plans : 1-877-615-4022

If you believe that Florida Health Care Plans has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Florida Health Care Plans, Civil Rights Coordinator, 1340 Ridgewood Avenue, Holly Hill, FL 32117. Phone: 1-844-219-6137, TTY: 1-800-955-8770. Fax: 386-676-7149, Email: rights@fhcp.com.

You can file grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-877-615-4022. (TTY: 1-800-955-8770)**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-615-4022** (TTY: **1-800-955-8770**).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-615-4022 (TTY: 1-800-955-8770).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-615-4022 (TTY: 1-800-955-8770).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-877-615-4022 (TTY: 1-800-955-8770).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-615-4022(TTY:1-800-955-8770) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-615-4022 (ATS:1-800-955-8770).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-615-4022 (TTY: 1-800-955-8770).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-615-4022 (телетайп: 1-800-955-8770).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-402-615-877 (رقم هاتف الصم والبكم: 1-870-955-800).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-615-4022 (TTY: 1-800-955-8770).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-615-4022 (TTY: 1-800-955-8770).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-615-4022 (TTY: 1-800-955-8770)번으로 전화해 주십시오.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-615-4022 (TTY: 1-800-955-8770).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્યય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-877-615-4022 (TTY: 1-800-955-8770).

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-877-615-4022 (TTY: 1-800-955-8770).